ABOUT EARLY HEAD START

Early Head Start is a federally-funded child development and family support program designed to prepare children birth to 3 years old for school by providing comprehensive services. The program also provides services to women who are currently pregnant.

The Health Federation of Philadelphia (HFP) has operated an Early Head Start program since 1997. HFP's program is home-based and focuses on early childhood education, health, nutrition, and family support. Early Head Start connects families to community resources and meets the special needs of children with disabilities.

The program serves familie<mark>s in th</mark>e following zip codes:

19126 19141 19120 19140

19122

19121

CONTACT EARLY HEAD START

Oxford Mills 100 W. Oxford Street Suite E-1400 Philadelphia, PA 19122

- 215-223-5200
- 215-223-4455
- lmadera@healthfederation.org
- www.healthfederation.org

About Health Federation of Philadelphia

Founded in 1983, the Health Federation of Philadelphia (HFP) serves as a keystone supporting a network of Community Health Centers as well as the broader base of public and private-sector organizations that deliver health and human services to vulnerable populations. HFP promotes community health by improving access to and quality of health care; by identifying, testing and implementing solutions to health disparities; and by providing training and technical assistance to help other organizations operate more efficiently and effectively. HFP0317002

EARLY HEAD START



Teaching children, **Serving families**



19124 19132 19133

OUR GOALS

OUR **SERVICES**

FAMILY ELIGIBILITY



School readiness begins early in life. HFP's Early Head Start program is here to help children and families have the tools they need to succeed!

We work to ensure all the children in our program have:

- » Experiences in language, literacy, cognitive, physical, social, and emotional development to improve school readiness
- » Access to medical and dental care for preventative and primary care

We work directly with parents and caregivers so they have:

- » The knowledge and skills necessary to support their child's school readiness
- » Support in their own path to selfsufficiency.

Our program provides services specifically designed for children, parents caregivers, and the entire family.

For Children

- » Weekly home visits
- » Group socializations
- » Developmental screenings

For Parents & Caregivers

- » Prenatal education
- » Postpartum support
- » Infant massage education
- » Family goal setting » Transitioning to Head Start

- » Early intervention referrals
- » Health & nutrition resources

» Parent empowerment

- » Parent involvement
- » Wellness education » Mental health
- screenings

» Trauma sensitive services

HFP Early Head Start is a homebased model; group socializations are conducted at our Oxford Mills **Community Center.**

Families may be eligible for Early Head Start services if they:

- » Have a child under the age of 3 or are currently pregnant
- » Have a child with a disability
- » Meet the federal income guidelines
- » Are available during the day to participate in weekly home visits by a child family advocate and monthly home visits by a social workers
- » Live in one of the following zip codes:

19120	1912 4	19133
19121	19126	<mark>1914</mark> 0
19122	19132	<mark>19</mark> 141

To enroll call Lisbel Madera 215-223-5200 x155 or visit www.healthfederation.org/EHS